



TEAM NUTRITION

POPULAR

EVENTS

IDEA



BOOKLET

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## About Team Nutrition

Team Nutrition is an initiative of the USDA's Food and Nutrition Service to support the Child Nutrition Programs. Team Nutrition provides training and technical assistance for school nutrition directors and staff, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity. Team Nutrition aims to improve children's lifelong eating and physical activity habits by using the principles of the *Dietary Guidelines for Americans* and MyPlate.

Team Nutrition provides curricula, posters, parent handouts, and other resources free-of-charge to schools that participate in the Federal Child Nutrition Programs.

Schools may request printed materials using the online order form at <http://tn.ntis.gov/>. Materials may also be downloaded at <http://teamnutrition.usda.gov>.

## Become a Team Nutrition School

If your school is enrolled as a Team Nutrition School, you are in good company – more than 30,000 schools across the Nation have joined Team Nutrition! Enroll for free at <http://teamnutrition.usda.gov>. By joining, your school can:

- Affirm its commitment to helping students make healthier food choices and be more physically active;
- Collaborate with other Team Nutrition Schools;
- Hear about new nutrition education and training materials developed under the Team Nutrition initiative; and
- Apply for *HealthierUS School Challenge* certification (visit <http://www.fns.usda.gov/hussc/healthierus-school-challenge> for more information)



# Acknowledgements

The U.S. Department of Agriculture's (USDA) Food and Nutrition Service (FNS) would like to thank the following schools and individuals for their contributions and expertise in the development of this publication.

## Schools in Action:

Fort Huachuca School District, Fort Huachuca, AZ  
Tuba City Primary School and  
Eagles Nest Intermediate School, Tuba City, AZ  
California Public Schools  
El Monte City School District, El Monte, CA  
Elk Grove Unified School District, Elk Grove, CA  
Orange County Public Schools, Orange County, FL  
Sequoyah Middle School, Doraville, GA  
Southeast Polk Junior High, Pleasant Hill, IA  
Lillian Valley School, Blackfoot, ID  
Covington Elementary School, Covington, IN  
Orchard Park Elementary School, Indianapolis, IN  
Rockville Elementary School, Rockville, IN  
Shoals Elementary School, Shoals, IN  
Wakarusa Elementary School, Wakarusa, IN  
Southeast High School, Cherokee, KS  
Dighton School District, Dighton, KS  
Dodge City Public Schools, Dodge City, KS  
Fort Scott Public Schools, Fort Scott, KS  
Greeley County Schools, Greeley County, KS  
Hesston Middle School, Hesston, KS  
Rural Vista School District, Hope, KS  
Norton Junior High School, Norton, KS  
Stafford Schools, Stafford, KS  
St. Joseph Catholic School, Wichita, KS  
Country View Elementary School, Winfield, KS  
Triplains USD 275, Winona, KS  
North Attleboro Middle School, North Attleboro, MA  
Eastern Middle School, Silver Spring, MD  
Jefferson High School, Boulder, MT  
Kalispell Middle School, Kalispell, MT  
The Luther School, Luther, MT  
Cartoogechaye Elementary School, Macon County, NC  
Conlee Elementary School, Las Cruces, NM  
Carson Elementary School, Cincinnati, OH  
North Marion School District, Aurora, OR  
Shippensburg Area Middle School, Shippensburg, PA  
Slater Junior High School, Pawtucket, RI  
Slater Middle School, Pawtucket, RI  
Providence Career Technical Academy, Providence, RI  
North Stewart Elementary, Big Rock, TN  
Beech Bluff Elementary School, Jackson, TN  
M.B. Henderson Elementary School, Dallas, TX  
Fairfax County Public Schools, Fairfax County, VA  
Richmond Elementary School, Richmond, VT  
Greenville Middle School, Hortonville, WI

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*This publication was created through a contract with Edelman.*



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