



Food and  
Nutrition  
Service

Park Office  
Center

3101 Park  
Center Drive  
Alexandria  
VA 22302

**DATE:** February 17, 2016

**SUBJECT:** Commodity Supplemental Food Program (CSFP): Revised Food Package Maximum Monthly Distribution Rates

**TO:** Regional Directors  
Special Nutrition Programs  
MARO, MPRO, MWRO,  
NERO, SERO, SWRO, and  
WRO

State Directors  
CSFP State Agencies  
All Participating States

The attached CSFP Maximum Monthly Distribution Rates (Distribution Rates) revise those previously issued by the Food and Nutrition Service (FNS) on January 13, 2011. These updated Distribution Rates are to be used in conjunction with FNS Instruction 835-1, Rev. 1. This revision does not make changes to the distribution quantities for items already offered in CSFP. Rather, this revision is necessary to reflect changes in food offerings and participant eligibility which have occurred since 2011.

It should be noted that although the attached Distribution Rates establish maximum quantities, State agency tailoring of the CSFP food package below maximum quantities is permitted in only very limited circumstances. Per FNS Instruction 835-1, Rev. 1, such tailoring must be based on nutritional rationale and policy. CSFP State agency requests for nutritional tailoring of the food package must be submitted in writing to FNS for review and approval prior to implementation.

Prior to enactment of the Agricultural Act of 2014 (P.L. 113-79, the 2014 Farm Bill) on February 7, 2014, State and local agencies were authorized to provide CSFP benefits to both seniors 60 years of age and over, and women, infants, and children who met the eligibility requirements of the program. However, the 2014 Farm Bill amended CSFP's eligibility rules to phase out the participation of women, infants, and children. Under the 2014 Farm Bill, those women, infants, and children who were certified and receiving CSFP benefits as of February 6, 2014, can continue to receive benefits until their eligibility expired under the pre-Farm Bill rules but no new women, infants, or children can be certified for benefits on or after February 7, 2014.

At this time, all women and infants have been phased out of the program, so the only populations currently eligible for CSFP benefits are seniors age 60 years and over and a limited number of children who were receiving benefits as of February 6, 2014. Accordingly, the monthly rates for infants, pregnant/breastfeeding women, and non-breastfeeding postpartum women have been removed from the attached Distribution Rates.

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Additionally, evaporated milk and egg mix are removed from the attached Distribution Rates. Evaporated milk was replaced by UHT milk in the CSFP food package in 2011 and no inventory of evaporated milk should remain in State inventories at this time. Egg mix is no longer purchased for the CSFP food package due to high cost and limited vendor availability.

Some foods may be unavailable due to changing agricultural market conditions. This may impact the choices within the Food Package Categories listed on the attached Distribution Rates.

State agency staff may contact their respective Regional Offices with any questions regarding these revised Distribution Rates. Regional Office staff may in turn contact Erica Antonson or Carolyn Smalkowski at (703) 305-2680. For questions related to food ordering, Regional Offices should contact Lauren King-Dillon or Special Allen at (703) 305-2680.

*/s/ Original Signature on file*

Laura Castro

Director

Food Distribution Division

Attachments

**February 2016**  
**COMMODITY SUPPLEMENTAL FOOD PROGRAM**  
**MAXIMUM MONTHLY DISTRIBUTION RATES**

Children

| <b>Food Package Category</b> | <b>Food Item</b>                                    | <b>Package Size</b>      | <b>Packages/Month</b>                    | <b>Amount/Month</b>                      |
|------------------------------|---|--------------------------|--|--|
| Cereals                      | Cereal, Dry Ready-to-Eat <sup>1/</sup>              | 12-18 oz pkg             | 2 pkgs                                   | 24-36 oz                                 |
|                              | or<br>Farina <sup>1/</sup>                          | 14 oz pkg                | 2 pkgs                                   | 28 oz                                    |
|                              | or<br>Rolled Oats                                   | 3 lb pkg                 | 1 pkg or                                 | 48 oz                                    |
|                              | or<br>Grits <sup>2/</sup>                           | 5 lb pkg                 | 1 pkg every other month                  | 40 oz                                    |
| Juices                       | Juice   | 64 oz container          | 3 containers                             | 192 oz                                   |
| Proteins                     | Beef  | 24 oz can                | 1 can                                    | 24 oz                                    |
|                              | or<br>Beef Stew                                     | 24 oz can                | 1 can                                    | 24 oz                                    |
|                              | or<br>Chili   | 24 oz can                | 1 can                                    | 24 oz                                    |
|                              | or<br>Chicken <sup>3/</sup>                         | 10-15 oz can or<br>pouch | 2 cans or pouches                        | 20-30 oz                                 |
|                              | or<br>Tuna <sup>3/</sup>                            | 12 oz can                | 2 cans                                   | 24 oz                                    |
|                              | or<br>Salmon <sup>3/</sup>                          | 14.75 oz can             | 2 cans                                   | 29.5 oz                                  |
| Milk <sup>4/</sup>           | UHT Fluid Milk 1%<br>and<br>Instant Nonfat Dry Milk | 32 oz pkg<br>25.6 oz pkg | 4 pkgs<br>and<br>1 pkg every other month | 128 oz<br>12.8 (128 oz<br>reconstituted) |
|                              | Peanut Butter<br>or<br>Dry Beans                    | 18 oz pkg<br>2 lb pkg    | 1 pkg<br>or<br>1 pkg                     | 18 oz<br>32 oz                           |
| Potatoes /<br>Grains         | Dehydrated Potatoes                                 | 1 lb pkg                 | 1 pkg                                    | 16 oz                                    |
|                              | or<br>Pasta   | 1 lb pkg                 | 2 pkgs                                   | 32 oz                                    |
|                              |   | 2 lb pkg                 | 1 pkg                                    | 32 oz                                    |
|                              | or<br>Rice  | 2 lb pkg                 | 1 pkg                                    | 32 oz                                    |
|                              | or<br>Grits <sup>2/</sup>                           | 5 lb pkg                 | 1 pkg every other month                  | 40 oz                                    |
| Cheese                       | Cheese  | 2 lb pkg                 | 1 pkg                                    | 32 oz                                    |
| Fruits                       | Fruits  | 15-16 oz can             | 2 cans                                   | 30-32 oz                                 |
| Vegetables                   | Vegetables  | 15-16 oz can             | 4 cans                                   | 60-64 oz                                 |

## Children

- 1/ A combination of 1 package of dry ready-to-eat cereal and 1 package of farina may be provided.
- 2/ The distribution rate for grits is 5 pounds every other month in either the Cereals or Potatoes/Grains Food Package Category.
- 3/ Participants can select two items per month from the following food items: chicken, tuna, and salmon. For example, participants can select two cans of salmon or one can of salmon and one can of chicken, etc.
- 4/ If parents or caretakers of children 12 to 23 months old choose to continue receiving CSFP benefits for children within this age range, they must be notified that the lower fat UHT milk and NDM provided in the CSFP food package should not be the sole source of milk for consumption by their children.

**February 2016  
COMMODITY SUPPLEMENTAL FOOD PROGRAM  
MAXIMUM MONTHLY DISTRIBUTION RATES**

Elderly

| <b>Food Package Category</b> | <b>Food Item</b>                                    | <b>Package Size</b>      | <b>Packages/Month</b>                    | <b>Amount/Month</b>                            |
|------------------------------|---|--------------------------|--|--|
| Cereals                      | Cereal, Dry Ready-to-Eat <sup>1/</sup>              | 12-18 oz pkg             | 2 pkgs                                   | 24-36 oz                                       |
|                              | or<br>Farina <sup>1/</sup>                          | 14 oz pkg                | 2 pkgs                                   | 28 oz  |
|                              | or<br>Rolled Oats                                   | 3 lb pkg                 | 1 pkg                                    | 48 oz  |
|                              | or<br>Grits <sup>2/</sup>                           | 5 lb pkg                 | 1 pkg every other month                  | 40 oz  |
|                              |   |                          |  |  |
| Juices                       | Juice   | 64 oz container          | 2 containers                             | 128 oz   |
| Proteins                     | Beef  | 24 oz can                | 1 can                                    | 24 oz  |
|                              | or<br>Beef Stew                                     | 24 oz can                | 1 can                                    | 24 oz  |
|                              | or<br>Chili   | 24 oz can                | 1 can                                    | 24 oz  |
|                              | or<br>Chicken <sup>3/</sup>                         | 10-15 oz can or<br>pouch | 2 cans or pouch                          | 20-30 oz                                       |
|                              | or<br>Tuna <sup>3/</sup>                            | 12 oz can                | 2 cans                                   | 24 oz  |
|                              | or<br>Salmon <sup>3/</sup>                          | 14.75 oz can             | 2 cans                                   | 29.5 oz  |
| Milk                         | UHT Fluid Milk 1%<br>and<br>Instant Nonfat Dry Milk | 32 oz pkg                | 2 pkgs<br>and<br>1 pkg every other month | 64 oz<br><br>12.8 oz (128 oz<br>reconstituted) |
|                              |   |                          |  |  |
| Peanut Butter/<br>Dry Beans  | Peanut Butter                                       | 18 oz pkg                | 1 pkg                                    | 18 oz  |
|                              | or<br>Dry Beans/Peas                                | 2 lb pkg                 | 1 pkg                                    | 32 oz  |
| Potatoes/<br>Grains          | Dehydrated Potatoes                                 | 1 lb pkg                 | 1 pkg                                    | 16 oz  |
|                              | or<br>Pasta   | 1 lb pkg                 | 2 pkgs                                   | 32 oz  |
|                              | or  | 2 lb pkg                 | 1 pkg                                    | 32 oz  |
|                              | or<br>Rice  | 2 lb pkg                 | 1 pkg                                    | 32 oz  |
|                              | or<br>Grits <sup>2/</sup>                           | 5 lb pkg                 | 1 pkg every other month                  | 40 oz  |
| Cheese                       | Cheese  | 2 lb pkg                 | 1 pkg                                    | 32 oz  |
| Fruits                       | Fruits  | 15-16 oz can             | 2 cans                                   | 30-32 oz                                       |
| Vegetables                   | Vegetables  | 15-16 oz can             | 4 cans                                   | 60-64 oz                                       |

## Elderly

- 1/ A combination of 1 package of dry ready-to-eat cereal and 1 package of farina may be provided.
- 2/ The distribution rate for grits is 5 pounds every other month in either the Cereals or Potatoes/Grains Food Package Category.
- 3/ Participants can select two items per month from the following food items: chicken, tuna, and salmon. For example, participants can select two cans of salmon or one can of salmon and one can of chicken, etc.

**ATTACHMENT C**

**February 2016  
COMMODITY SUPPLEMENTAL FOOD PROGRAM  
MAXIMUM MONTHLY DISTRIBUTION RATES – SUMMARY TABLE<sup>1</sup>**

| Food Package Category       | Food Item                | Size     | Cans or Packages per Month             |  |
|-----------------------------|--------------------------|----------|--|--|
|                             |                          |          | Children                               | Elderly                                |
| Cereals                     | Cereal, Ready-to-Eat or  | 12-18 oz | 2 or                                   | 2 or                                   |
|                             | Farina or                | 14 oz    | 2 or                                   | 2 or                                   |
|                             | Rolled Oats or           | 3 lb     | 1 or                                   | 1 or                                   |
|                             | Grits                    | 5 lb     | 1 every other month                    | 1 every other month                    |
| Juice                       | Juice, Plastic Container | 64 oz    | 3                                      | 2                                      |
| Proteins                    | Beef or                  | 24 oz    | 1 or                                   | 1 or                                   |
|                             | Beef Stew or             | 24 oz    | 1 or                                   | 1 or                                   |
|                             | Chili or                 | 24 oz    | 1 or                                   | 1 or                                   |
|                             | Chicken or               | 10-15 oz | 2 or                                   | 2 or                                   |
|                             | Tuna or                  | 12 oz    | 2 or                                   | 2 or                                   |
|                             | Salmon or                | 14.75 oz | 2 or                                   | 2 or                                   |
| Milk                        | UHT Fluid Milk 1% and    | 32 oz    | 4 every mo. and<br>1 every other month | 2 every mo. and<br>1 every other month |
|                             | Inst. Nonfat Dry Milk    | 25.6 oz  |  |  |
| Peanut Butter/<br>Dry Beans | Peanut Butter or         | 18 oz    | 1 or                                   | 1 or                                   |
|                             | Dry Beans/Peas           | 2 lb     | 1                                      | 1                                      |
| Potatoes/<br>Grains         | Dehydrated Potatoes or   | 1 lb     | 1 or                                   | 1 or                                   |
|                             | Pasta or                 | 1 lb     | 2 or                                   | 2 or                                   |
|                             |                          | 2 lb     | 1 or                                   | 1 or                                   |
|                             | Rice or                  | 2 lb     | 1 or                                   | 1 or                                   |
|                             | Grits                    | 5 lb     | 1 every other month                    | 1 every other month                    |
| Cheese                      | Cheese                   | 2 lb     | 1                                      | 1                                      |
| Fruits                      | Fruits                   | 15-16 oz | 2                                      | 2                                      |
| Vegetables                  | Vegetables               | 15-16 oz | 4                                      | 4                                      |

<sup>1</sup>See Maximum Monthly Distribution Rates by participant category for complete description of appropriate substitutions and/or combinations.