



Food and
Nutrition
Service

Park Office
Center

3101 Park
Center Drive
Alexandria
VA 22302

DATE: October 2, 2018
SUBJECT: Commodity Supplemental Food Program (CSFP): Revised Food Package
Maximum Monthly Distribution Rates

TO: Regional Directors
Special Nutrition Programs
MARO, MPRO, MWRO,
NERO, SERO, SWRO, and
WRO

State Directors
CSFP State Agencies and Indian Tribal Organizations (ITOs)
All Participating States and ITOs

The attached CSFP Maximum Monthly Distribution Rates (Distribution Rates) revise those previously issued by the Food and Nutrition Service (FNS) on February 17, 2016. The revision reflects the package size change for a few products and the distribution frequency of nonfat dry milk. These updated Distribution Rates should be used in conjunction with FNS Instruction 835-1, Revision 2.

FNS is phasing out the bimonthly distribution of nonfat dry milk and has added a smaller package size of the product to allow for regular monthly distributions. States should instruct local agencies to first distribute all remaining inventory of 25.6 ounce packages of instant nonfat dry milk on a bimonthly schedule prior to distributing the smaller pack size on a monthly basis. This will help to ensure a smooth transition between products and prevent product waste.

Consistent with current FNS policy, some foods in the food package may be unavailable due to changing agricultural market conditions. This may impact the choices within the Food Package Categories listed on the attached Distribution Rates.

State agency staff who have questions may contact their respective Regional Offices, who may in turn contact the National Office at (703) 305-2680.

/s/ Original signature on file

Laura Castro
Director
Food Distribution Division

Attachments

October 2018
COMMODITY SUPPLEMENTAL FOOD PROGRAM
MAXIMUM MONTHLY DISTRIBUTION RATES

Children

Food Package Category	Food Item	Package Size	Packages/Month	Amount/Month
Cereals	Cereal, Dry Ready-to-Eat ^{1/}	12-18 oz pkg	2 pkgs	24-36 oz
	or Farina ^{1/}	18 oz pkg	2 pkgs	36 oz
	or Rolled Oats	42-48 oz pkg	1 pkg	42-48 oz
	or Grits ^{2/}	5 lb pkg	1 pkg every other month	40 oz
Juices	Juice	64 oz container	3 containers	192 oz
Proteins	Beef	24 oz can	1 can	24 oz
	or Beef Stew	24 oz can	1 can	24 oz
	or Chili	24 oz can	1 can	24 oz
	or Chicken ^{3/}	10-15 oz can or pouch	2 cans or pouches	20-30 oz
	or Tuna ^{3/}	12 oz can	2 cans	24 oz
	or Salmon ^{3/}	14.75 oz can	2 cans	29.5 oz
Milk ^{4/}	UHT Fluid Milk 1% and Instant Nonfat Dry Milk ^{5/}	32 oz pkg	4 pkgs and 1 pkg or 1 pkg every other month	128 oz 12.8 oz (128 oz reconstituted)
		12.8 oz pkg		
		25.6 oz pkg		
Peanut Butter / Dry Beans	Peanut Butter	18 oz pkg	1 pkg	18 oz
	or Dry Beans/Peas	2 lb pkg	1 pkg	32 oz
Potatoes / Grains	Dehydrated Potatoes	1 lb pkg	1 pkg	16 oz
	or Pasta	1 lb pkg	2 pkgs	32 oz
	or Rice	2 lb pkg	1 pkg	32 oz
	or Grits ^{2/}	5 lb pkg	1 pkg every other month	40 oz
Cheese	Cheese	2 lb pkg	1 pkg	32 oz
Fruits	Fruits	15-16 oz can	2 cans	30-32 oz
Vegetables	Vegetables	15-16 oz can	4 cans	60-64 oz

Children

- 1/ A combination of 1 package of dry ready-to-eat cereal and 1 package of farina may be provided.
- 2/ The distribution rate for grits is 5 pounds every other month in either the Cereals or Potatoes/Grains Food Package Category.
- 3/ Participants can select two items per month from the following food items: chicken, tuna, and salmon. For example, participants can select two cans of salmon or one can of salmon and one can of chicken, etc.
- 4/ If parents or caretakers of children 12 to 23 months old choose to continue receiving CSFP benefits for children within this age range, they must be notified that the lower fat UHT milk and NDM provided in the CSFP food package should not be the sole source of milk for consumption by their children.
- 5/ Local agencies should first distribute all remaining inventory of 25.6 oz packages of instant nonfat dry milk on a bimonthly schedule prior to distributing the smaller, 12.8 oz pack size on a monthly basis.

**October 2018
COMMODITY SUPPLEMENTAL FOOD PROGRAM
MAXIMUM MONTHLY DISTRIBUTION RATES**

Elderly

Food Package Category	Food Item	Package Size	Packages/Month	Amount/Month
Cereals	Cereal, Dry Ready-to-Eat ^{1/}	12-18 oz pkg	2 pkgs	24-36 oz
	or Farina ^{1/}	18 oz pkg	2 pkgs	36 oz
	or Rolled Oats	42-48 oz pkg	1 pkg	42-48 oz
	or Grits ^{2/}	5 lb pkg	1 pkg every other month	40 oz
Juices	Juice	64 oz container	2 containers	128 oz
Proteins	Beef	24 oz can	1 can	24 oz
	or Beef Stew	24 oz can	1 can	24 oz
	or Chili	24 oz can	1 can	24 oz
	or Chicken ^{3/}	10-15 oz can or pouch	2 cans or pouch	20-30 oz
	or Tuna ^{3/}	12 oz can	2 cans	24 oz
	or Salmon ^{3/}	14.75 oz can	2 cans	29.5 oz
Milk	UHT Fluid Milk 1% and Instant Nonfat Dry Milk ^{4/}	32 oz pkg	2 pkgs and 1 pkg or 1 pkg every other month	64 oz 12.8 oz (128 oz reconstituted)
		12.8 oz pkg		
		25.6 oz pkg		
Peanut Butter/ Dry Beans	Peanut Butter	18 oz pkg	1 pkg	18 oz
	or Dry Beans/Peas	2 lb pkg	1 pkg	32 oz
Potatoes/ Grains	Dehydrated Potatoes	1 lb pkg	1 pkg	16 oz
	or Pasta	1 lb pkg	2 pkgs	32 oz
	or Rice	2 lb pkg	1 pkg	32 oz
	or Grits ^{2/}	5 lb pkg	1 pkg every other month	40 oz
Cheese	Cheese	2 lb pkg	1 pkg	32 oz
Fruits	Fruits	15-16 oz can	2 cans	30-32 oz
Vegetables	Vegetables	15-16 oz can	4 cans	60-64 oz

Elderly

- 1/ A combination of 1 package of dry ready-to-eat cereal and 1 package of farina may be provided.
- 2/ The distribution rate for grits is 5 pounds every other month in either the Cereals or Potatoes/Grains Food Package Category.
- 3/ Participants can select two items per month from the following food items: chicken, tuna, and salmon. For example, participants can select two cans of salmon or one can of salmon and one can of chicken, etc.
- 4/ Local agencies should first distribute all remaining inventory of 25.6 oz packages of instant nonfat dry milk on a bimonthly schedule prior to distributing the smaller, 12.8 oz pack size on a monthly basis.

ATTACHMENT C

**October 2018
COMMODITY SUPPLEMENTAL FOOD PROGRAM
MAXIMUM MONTHLY DISTRIBUTION RATES – SUMMARY TABLE¹**

Food Package Category	Food Item	Size	Cans or Packages per Month	
			Children	Elderly
Cereals	Cereal, Ready-to-Eat or	12-18 oz	2 or	2 or
	Farina or	18 oz	2 or	2 or
	Rolled Oats or	42-48 oz	1 or	1 or
	Grits	5 lb	1 every other month	1 every other month
Juice	Juice, Plastic Container	64 oz	3	2
Proteins	Beef or	24 oz	1 or	1 or
	Beef Stew or	24 oz	1 or	1 or
	Chili or	24 oz	1 or	1 or
	Chicken or	10-15 oz	2 or	2 or
	Tuna or	12 oz	2 or	2 or
	Salmon or	14.75 oz	2 or	2 or
Milk	UHT Fluid Milk 1% and Inst. Nonfat Dry Milk ²	32 oz	4 every mo. and	2 every mo. and
		12.8 oz	1 every mo. or	1 every mo. or
		25.6 oz	1 every other month	1 every other month
Peanut Butter/ Dry Beans	Peanut Butter or Dry Beans/Peas	18 oz	1 or	1 or
		2 lb	1	1
Potatoes/ Grains	Dehydrated Potatoes or	1 lb	1 or	1 or
	Pasta or	1 lb	2 or	2 or
	Rice or	2 lb	1 or	1 or
	Grits	5 lb	1 every other month	1 every other month
Cheese	Cheese	2 lb	1	1
Fruits	Fruits	15-16 oz	2	2
Vegetables	Vegetables	15-16 oz	4	4

¹See Maximum Monthly Distribution Rates by participant category for complete description of appropriate substitutions and/or combinations.

²Local agencies should first distribute all remaining inventory of 25.6 oz packages of instant nonfat dry milk on a bimonthly schedule prior to distributing the smaller, 12.8 oz pack size on a monthly basis.