

# USDA Foods Product Information Sheet

For Child Nutrition Programs



## 100396– Peanut Butter, Smooth

Category: **Meat/Meat Alternate**



### PRODUCT DESCRIPTION

This item is a U.S. Grade A smooth peanut butter that has been stabilized to prevent oil separation. This item is available in cases with six 5-pound containers.

### CREDITING/YIELD

- One case of peanut butter yields 432 2-Tablespoon servings.
- CN Crediting: 2 Tablespoons of peanut butter credits as 1 ounce equivalent meat/meat alternate.

### CULINARY TIPS AND RECIPES

- Peanut butter can be used on sandwiches, as a dipper for fruit, or to increase the protein content and flavor of recipes.
- For more culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

### FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

### NUTRITION FACTS

Serving size: 2 Tbsp/1 MMA peanut butter

#### Amount Per Serving

**Calories** 200

**Total Fat** 16g

Saturated Fat 3g

*Trans* Fat 0g

**Cholesterol** 0mg

**Sodium** 160mg

**Total Carbohydrate** 8g

Dietary Fiber 2g

Sugars 3g

**Protein** 7g

Source: USDA Foods Vendor Labels

**Allergen Information:** This product contains peanuts. For more information about allergens, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.