

USDA Foods Product Information Sheet

For Child Nutrition Programs



100935– Sunflower Seed Butter, Smooth

Category: **Meat/Meat Alternate**



PRODUCT DESCRIPTION

This item is a smooth blended sunflower seed butter that has been stabilized to prevent oil separation. This item is available in cases with six 5-pound containers.

CREDITING/YIELD

- One case of sunflower seed butter yields 432 2-Tablespoon servings.
- CN Crediting: 2 Tablespoons of sunflower seed butter credits as 1 ounce equivalent of meat/meat alternate.

CULINARY TIPS AND RECIPES

- Sunflower seed butter is a great peanut-free alternative for schools. It can be used on sandwiches, as a dipper for fruit, or in recipes that call for peanut butter.
- For more culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 2 Tbsp/1 MMA sunflower seed butter

Amount Per Serving

Calories 200

Total Fat 17g

Saturated Fat 2g

Trans Fat 0g

Cholesterol 0mg

Sodium 120mg

Total Carbohydrate 7g

Dietary Fiber 4g

Sugars 3g

Protein 7g

Source: USDA Foods Vendor Labels

Allergen Information: The specification for this product requires that there be no traces of peanuts in the product. Please be sure to verify this information using the allergen statement on the product packaging upon receipt. For more information, please contact the product manufacturer directly.

Nutrient values in this section are from the USDA National Nutrient Database for Standard Reference or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.