



**USDA Food and Nutrition Service (FNS)  
Food Distribution Program on Indian Reservations (FDPIR)  
Food Distribution Program Nutrition Education (FDPNE) Grant  
Project Summaries  
FY 2017**

**Alaska Native Tribal Health Consortium, \$78,906**

The Alaska Native Tribal Health Consortium will plan and host community events at seven FDPIR sites throughout the state where recipes containing traditional Alaska native foods and FDPIR foods will be demonstrated. Nutrition education activities will be conducted at the event and participants will receive nutrition education handouts and recipes to take home. A calendar featuring the recipes will be developed and distributed to all 873 individuals in 419 households for the following year. The project goal is making half your plate fruits and vegetables. The project will serve approximately 330 individuals in 146 households.

**Cherokee Nation, \$48,306**

Cherokee Nation will conduct nutrition education and taste testing demonstrations each month at food distribution sites. A Cherokee traditional foods cookbook will also be developed and distributed to participants. Cherokee Nation expects to reach 5,500 of their approximately 11,000 participants each month.

**Cheyenne and Arapaho Tribes, \$45,600**

The FY 2017 project continues the program's existing community nutrition, gardening, and physical activity education program. They plan to reach 150 Head Start children during the project year and will expand activities to reach children participating in their summer feeding programs. Other activities include expanding their community garden and organizing walking clubs throughout their service area.

**Choctaw Nation of Oklahoma, \$41,522**

Choctaw Nation will establish a community hoop house to create a hands-on, cultural, and intergenerational opportunity to teach participants how to grow healthy food and how to establish a garden at home. Food grown in the hoop house will be used to conduct food demonstrations using healthy and easy-to-prepare recipes. Participants will receive nutrition education materials, recipes, and gardening kits to promote sustainability.

**Confederated Salish & Kootenai Tribes, \$30,012**

This project is a collaborative effort between the Confederated Salish & Kootenai Tribes' FDPIR, the Tribes' Department of Human Resource Development, and the Extension Program at the Salish Kootenai College. They are continuing their community garden programs and will

implement healthy cooking demonstrations and nutrition education activities for various age groups.

#### **Eastern Band of Cherokee Indians, \$3,404**

The Eastern Band of Cherokee Indians will provide taste tests and cooking demonstrations using USDA Foods at food distribution sites. Nutrition education materials will also be available to participants. The monthly FDPIR participation is approximately 674 individuals in 314 households.

#### **Lac du Flambeau Band of Lake Superior Chippewa Indians, \$24,676**

The project will focus on nutrition education and food demonstrations using FDPIR foods. Nutrition education handouts and recipes will be provided to participants. Featured recipes will support many goals from the Dietary Guidelines, including increasing consumption of fruits, vegetables, and whole grains and lowering sodium and saturated fat. Lac du Flambeau Band of Lake Superior Chippewa Indians expects to reach 300 participants at these weekly demonstrations over the course of the year.

#### **Lummi Nation, \$108,632**

The Tribe selected “Make half your plate fruits and vegetables. Focus on whole fruits and vary your veggies.” as the goal for the FY 2017 project. The Lummi Tribe will continue many activities conducted as part of previous FDPNE grants. The Tribe will conduct 39 nutrition education sessions and food demonstrations including a “Grand Finale” nutrition fair that will feature nutrition education resources and materials for those who attend.

#### **Menominee Indian Tribe of Wisconsin for the Midwest Region Food Distribution Programs Nutrition Advisory Committee, \$117,502**

This consortium of 23 Tribes in the Midwest Region and two Tribes in the Northeast Region focuses on health promotion activities that help FDPIR participants in their regions to establish healthier dietary and physical activity habits. All FDPIR recipients in the regions will receive a culturally relevant calendar and nutrition guide for 2018, cookbooks with healthy recipes, and garden seeds to encourage home gardening projects. The committee is also funded to continue projects that provide nutrition education technical assistance to the food distribution programs.

#### **Menominee Indian Tribe of Wisconsin, \$29,191**

Menominee Indian Tribe of Wisconsin will provide a variety of nutrition, healthy cooking, and food preservation classes. Home nutrition education visits to clients will also take place throughout the year. The FDPIR program will collaborate with several tribal partners to promote healthy eating and physical activity through community events.

#### **Mille Lacs Band of Ojibwe, \$10,401**

The project will focus on community gardens and nutrition education to help participants increase the amount of fresh produce that they eat. The Mille Lacs Band of Ojibwe food distribution program serves approximately 127 families and 272 participants in each month.

### **San Carlos Apache Tribe, \$44,471**

The San Carlos Apache Tribe plans to conduct nutrition education through cooking demonstrations and community gardens. They plan to reinforce nutrition education messages that support MyPlate and the Dietary Guidelines for Americans.

### **Sherwood Valley Band of Pomo Indians, \$78,938**

The Sherwood Valley Food Program plans to continue providing resources and activities at the various tribal partner communities in their service area to promote healthy choices based on the Dietary Guidelines for Americans. Their strategy includes providing direct services to eligible clients at the distribution center, during tailgate distributions, and at various partner tribal sites. New this year, Sherwood Valley will be incorporating cooking classes into the scheduled demonstrations and enhancing nutrition education offered at community garden locations. Sherwood Valley will continue youth wellness leadership activities. The Sherwood Valley Food Program will also continue spearheading the nutrition advisory committee in the Western Region and will support coordination and implementation of the 2018 annual nutrition symposium that aims at increasing capacity to continue delivering nutrition education services throughout the region.

### **Spirit Lake Tribe, \$144,808**

Spirit Lake's FDPNE project involves continuing a variety of community nutrition education activities, including food demonstrations, cooking classes, youth camps, and garden-based nutrition education. The United Tribes Technical College (UTTC) will serve as a partner by providing technical assistance and professional expertise.

### **Spirit Lake Tribe for the Mountain Plains Region Nutrition Advisory Committee, \$66,260**

The committee will continue to partner with UTTC, a Native American Land Grant Program, to provide nutrition education lesson handouts and healthy recipes for FDPIR participants throughout the Mountain Plains Region. A one-day summit focused on nutrition education and training will also be hosted at the Regional Conference. This project will benefit all 9,100 households in the Mountain Plains Region's 30 FDPIR programs.

### **The Chippewa Cree Tribe of the Rocky Boy's Reservation, \$58,794**

The Chippewa Cree Tribe of the Rocky Boy's Reservation will continue providing nutrition education and garden activities on a variety of topics. They will collaborate with Stone Child College and a variety of other tribal partners.

### **Wichita and Affiliated Tribes, \$46,279**

The Wichita and Affiliated Tribes food distribution program proposes to expand their current community garden-based nutrition education activities by adding an outdoor classroom. Classes will reach afterschool and summer camp children as well as families.