REFERENCE ARTICLES AND BOOKS ON NUTRITION FOR INFANTS


Missouri Department of Health. **Breastfed Infants and You, A Manual for Child Care Providers**. Jefferson City, MO: Missouri Department of Health, 1992. (Other pamphlets are available from Missouri Department of Health on subjects such as breastfeeding and feeding infants.)


* These are also the references for Figure 1, page 12.
## Resources Available and Contact Information

### Child Nutrition Division
**Food and Nutrition Service**  
U.S. Department of Agriculture  
3101 Park Center Drive  
Alexandria, VA 22302  
Administers USDA’s child nutrition programs and provides resource materials on child nutrition programs.  
**Phone:** (703) 305-2590  
**Web site:** http://www.fns.usda.gov

### National Food Service Management Institute
**The University of Mississippi**  
P.O. Drawer 188  
University, MS 38677-3054  
Provides training and resource materials to USDA funded child care providers.  
**Phone:** (601) 232-7658  
**Toll-free phone:** 1-800-321-3054  
**Web site:** http://www.nfsmi.org

### Food Safety and Inspection Service
**U.S. Department of Agriculture**  
Washington, DC 20250  
Protects consumers by ensuring that meat, poultry, and egg products are safe, wholesome, and accurately labeled. Provides resource materials on food safety. Operates the USDA Meat and Poultry Hotline  
**Hotline Toll-free phone:** 1-800-535-4555  
**TTY:** 1-800-256-7072  
**Web site:** http://www.fsis.usda.gov  
Publishes “The Food Safety Educator,” a free quarterly newsletter on new food safety educational programs and materials, and emerging science concerning food safety risks. To subscribe: provide your full name, organization name & mailing address to:  
- USDA/FSIS/Food Safety Education, Room 2944 South Building, 1400 Independence Ave., SW, Washington, DC 20250-3700, or  
- fax your request to: (202) 720-9063, or  
- e-mail your request to: fsis.outreach@usda.gov

### Child Care Bureau
**Administration for Children and Families**  
Department of Health and Human Services  
400 Sixth Street, S.W.  
Washington, DC 20013  
Administers Federal child care programs to states, territories, and tribes for low-income children and families.  
**Phone:** (202) 690-6782  
**Web site:** http://www.acf.dhhs.gov/programs/ccb  
Sponsors the National Child Care Information Center, 243 Church Street, N.W., 2nd Floor, Vienna, VA 22180  
This center is a national resource that links information and people to complement, enhance, and promote the child care delivery system.  
**Toll-free phone:** 1-800-616-2242  
**TTY:** 1-800-516-2242  
**Web site:** http://nccic.org

### Centers for Disease Control and Prevention
**Department of Health and Human Services**  
1600 Clifton Rd.  
Atlanta, GA 30333  
Develops and applies disease prevention and control, environmental health, and health promotion and education activities.  
**Toll-free phone:** 1-800-311-3435  
**Web site:** http://www.cdc.gov  
Related publication: The ABCs of Safe and Healthy Child Care: A Handbook for Child Care Providers (1996) (To order, call 1-800-553-NTIS; the order number is: PB97-104723)
### Food and Drug Administration
Center for Food Safety and Applied Nutrition
Department of Health and Human Services
200 C Street, S.W.
Washington, DC 20204

Promotes and protects the public’s health by ensuring that the Nation’s food supply is safe, sanitary, wholesome, and honestly labeled, and that cosmetic products are safe and properly labeled. Operates a toll-free public information line, 1-888-SAFEFOOD that provides accurate and meaningful information about food safety.

**Web sites:** [http://www.cfsan.fda.gov](http://www.cfsan.fda.gov)

This is a gateway web site that provides links to selected government food safety-related information: [http://www.foodsafety.gov](http://www.foodsafety.gov)

### National Agriculture Library (NAL)
U.S. Department of Agriculture
10301 Baltimore Blvd., Room 304
Beltsville, MD 20705-2351

Provides resource materials on infant nutrition and food safety. NAL sponsors:
- **Food and Nutrition Information Center (FNIC)**—collects and disseminates information about food and nutrition.
  **Phone:** (301) 504-5414
  **Web site:** [http://www.nal.usda.gov/fnic](http://www.nal.usda.gov/fnic)
- **USDA/FDA Foodborne Illness Education Information Center**—provides information about foodborne illness prevention to those developing education and training materials for food workers and consumers.
- **Child Care Nutrition Resource System**—provides recipes, resources, and information on food safety and preparing nutritious meals.
  **Web site:** [http://www.nal.usda.gov/childcare](http://www.nal.usda.gov/childcare)
- **WIC Works Resource System**—provides information on infant nutrition and breastfeeding.
  **Web site:** [http://www.nal.usda.gov/wicworks](http://www.nal.usda.gov/wicworks)

### National Resource Center for Health & Safety in Child Care
National Center for Education in Maternal & Child Health
Georgetown University
2000 15th Street, North, Suite 701
Arlington, VA 22201-2617

Provides publications, resources, and references on infant nutrition and health and safety in child care.

**Toll-free phone:** 1-800-598-KIDS
**Phone:** (703) 524-7802
**Web site:** [http://nrc.uchsc.edu](http://nrc.uchsc.edu)

Publishes the National Health and Safety Performance Standards: Guidelines for Out-Of-Home Child Care Programs.

### National Maternal and Child Health Clearinghouse
2070 Chain Bridge Road, Suite 450
Vienna, VA 22182

Serves as a clearinghouse of maternal and child health publications including those on infant nutrition subjects.

**Toll-free phone:** 1-888-434-4MCH
**Phone:** (703) 821-8955
**Web site:** [http://www.nmchc.org](http://www.nmchc.org)

### U.S. Consumer Product Safety Commission (CPSC)
Washington, DC 20207

CPSC protects the public from unreasonable risks of injury or death from many types of consumer products including baby and children’s products.

**Toll-free phone hotline:** 1-800-638-2772
**TTY Hotline:** 1-800-638-8270
**Web site:** [http://www.cpsc.gov](http://www.cpsc.gov)

Free copies of CPSC’s “Sleep Safe/Play Safe” campaign brochures and posters, in English and Spanish, are available through the web site or by writing to CPSC, Washington, DC 20207. To obtain information about product safety or report a dangerous product or a product-related injury, call CPSC’s above hotline or visit CPSC’s web site.
<table>
<thead>
<tr>
<th><strong>Resources on Infant Nutrition, Food Safety, and Related Topics</strong></th>
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<tr>
<td><strong>NUTRITION.GOV (Web site)</strong></td>
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<td><strong>Federal Consumer Information Center (FCIC)</strong></td>
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<td><strong>U.S. Government Bookstore</strong></td>
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<td><strong>American Dietetic Association (ADA)</strong></td>
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<td><strong>The American Academy of Pediatrics</strong></td>
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<td><strong>American Red Cross</strong></td>
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<td><strong>Partnership for Food Safety Education</strong></td>
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<td><strong>National Network for Child Care (NNCC)</strong></td>
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Acknowledgments


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We would like to acknowledge and express our appreciation to the following individuals who reviewed this publication and provided valuable comments:

**Outside Reviewers**

Kathryn Camp, M.S., R.D., L.D.
Director of Nutrition for Clinical Services
Georgetown University Child Development Center
Washington, DC

Catherine Cowell, Ph.D, R.D.
Clinical Professor of Public Health
Columbia University
New York, NY

M.T. DiFerrante, M.P.H., R.D., L.D.
Chief of Nutrition Services
Houston Health and Human Services
Houston, TX

Carlos A. Flores, MD
Associate Professor of Pediatrics
University of Arizona
Tucson, AZ

**Reviewers from Federal Agencies**

Bessie Berry
Marianne Gravely
Food Safety and Inspection Service
U.S. Department of Agriculture (USDA)
Washington, DC

Dennis M. Bier, M.D.
Corinne Montandon, Dr.P.H.
Janice E. Stuff, M.S., R.D., L.D.
Judy Hopkinson, Ph.D.
Children's Nutrition Research Center
Baylor College of Medicine
USDA/ARS
Houston, Texas

Carole Davis, M.S., R.D.
Director of Nutrition Promotion
Center for Nutrition Policy and Promotion/USDA
Alexandria, VA

Sandy Facinoli, Coordinator
Food and Nutrition Information Center
National Agricultural Library/USDA
Beltsville, MD

Nancy Gaston, M.A., R.D.
Nutrition Education Coordinator
NIH, OD/Division of Nutrition Coordination
Bethesda, MD

Myrtle Hogbin, R.D.
Nutritionist
Center for Nutrition Policy and Promotion/USDA
Alexandria, VA

Carol E. Lang
Food and Drug Administration
U.S. Department of Health and Human Services (DHHS)
Washington, DC

Barbara Z. Park, R.D.H., M.P.H.
Health Education Specialist
Division of Oral Health
Centers for Disease Control and Prevention/DHHS
Atlanta, GA

Natalie Partridge, Nutritionist
Food and Nutrition Information Center
National Agricultural Library/USDA
Beltsville, MD

Dr. Kit Shaddix
Division of Oral Health
National Center for Prevention Centers for Disease Control and Prevention/DHHS
Atlanta, GA

Denise Sofka, M.P.H.
Nutrition Consultant
Maternal and Child Health Bureau
DHHS/HRSA
Rockville, MD

Wells Willis, M.S., R.D.
National Program Leader
EFNEP, Extension Service, USDA
Washington, DC

**Staff from the Food and Nutrition Service, USDA:**

Rayane AbuSabha, Cheryl Anderson, Donna Bailey, Deborah Bell, Liz Bell, Heidi Bishop, Michele Bouchard,
Mandy Briggs, Mavis Buchholz, Jo Ellen Collins, Lorie Conneen, Patricia Daniels,
Ann DeGroat, Doris Dvorsak, Alberta Frost, Jim Gatley, Jo Hatch, Marion Hinners,
Gerry Howell, Louise Lapeze, Brenda Lisi,
Rebecca Lucero, Jane Mandell, Vee Ann Miller, Stella Nash, Nuala O'Toole, Susan Ponemon, Nancy Ranieri, Maureen Rankin,
Melissa Rothstein, Lucy Mao Sigmund, Joan Turetsky, Judy Wilson

**Reviewers from State agencies and local programs**

Sharlet L. Anderson, R.D.
Nutrition Coordinator
Missouri Department of Health
Bureau of Food Programs and Nutrition Education
Jefferson City, MO

Patricia Bolton
President, Colorado Association of Family Child Care
Westminster, CO

Karen Brazille
Child Nutrition Consultant
Child Care Food Program
California Dept. of Education
Sacramento, CA

Tami Campasano
Child Care Director
Scottsdale, AZ

Mary Ann Carr
Rhode Island Dept. of Human Services
Providence, RI
<table>
<thead>
<tr>
<th>Name</th>
<th>Title and Affiliation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alice Carroll</td>
<td>NET Program, Department of Education, Baton Rouge, LA</td>
</tr>
<tr>
<td>Adelaide Cline</td>
<td>Program Development Specialist, Minnesota Department of Education, St. Paul, MN</td>
</tr>
<tr>
<td>Kym Coffey</td>
<td>Rhode Island Department of Human Services, Providence, RI</td>
</tr>
<tr>
<td>Judy Dare, M.S.</td>
<td>Nutrition Consultant for Child Care Programs, Arizona Department of Health Services, Phoenix, AZ</td>
</tr>
<tr>
<td>Ramona DeBoer</td>
<td>Nutritionist, CACFP, Tennessee Dept. of Human Services, Nashville, TN</td>
</tr>
<tr>
<td>Brenda Dobson</td>
<td>WIC Nutrition Services Coordinator, Iowa Dept. of Public Health, Des Moines, IA</td>
</tr>
<tr>
<td>Renée Donaldson</td>
<td>Child Care Provider, Baton Rouge, LA</td>
</tr>
<tr>
<td>J. Ennist, R.D.</td>
<td>Public Health Nutritionist, Child and Adult Care Food Program, Division of Nutrition, Albany, NY</td>
</tr>
<tr>
<td>Jeanne Foster</td>
<td>CACFP Specialist, Arizona Department of Education, Phoenix, AZ</td>
</tr>
<tr>
<td>Bunny Foxhoven, R.D.</td>
<td>Child Care Sponsor, Littleton, CO</td>
</tr>
<tr>
<td>Cleo Gillespie</td>
<td>Christian Children’s Center, Phoenix, AZ</td>
</tr>
<tr>
<td>Kathy Hearon</td>
<td>Christian Children’s Center, Phoenix, AZ</td>
</tr>
<tr>
<td>Sallye R. Henderson, M.S., R.D.</td>
<td>NET Specialist, State Dept. of Education-Child Nutrition Programs, Montgomery, AL</td>
</tr>
<tr>
<td>Ginny Huntington</td>
<td>Consultant, CACFP, Department of Education, Des Moines, IA</td>
</tr>
<tr>
<td>Helene Kent, R.D., M.P.H.</td>
<td>CACFP Nutrition Coordinator, Colorado Dept. of Public Health and Environment, Denver, CO</td>
</tr>
<tr>
<td>Editha J. Kern</td>
<td>President/Administrator, West Tennessee Special Services, Inc., SaveTrust Federal Savings Bank, Newbern, TN</td>
</tr>
<tr>
<td>Melanie LaPorte</td>
<td>NET Program Coordinator, Department of Education, Baton Rouge, LA</td>
</tr>
<tr>
<td>Carol Loomis</td>
<td>Nutrition Education and Training Specialist, Maryland Department of Education, Baltimore, MD</td>
</tr>
<tr>
<td>Ann McCormack, R.D.</td>
<td>Nutrition Resource Coordinator, Missouri Department of Health, Bureau of Food Programs and Nutrition Education, Jefferson City, MO</td>
</tr>
<tr>
<td>Linda Miller, M.S., R.D.</td>
<td>Chief, Program Assistance and Monitoring Section, Nutrition and Transportation Services, Maryland Department of Education, Baltimore, MD</td>
</tr>
<tr>
<td>Debra L. Moore, R.D., M.P.H.</td>
<td>USDA Coordinator, Places and Programs for Children, Tidewater Child Care Association, Portsmouth, VA</td>
</tr>
<tr>
<td>Joanne Norman</td>
<td>Nutrition Education Coordinator, Provider’s Choice, Inc., Bloomington, MN</td>
</tr>
<tr>
<td>Katie O’Neill, M.P.H., R.D.</td>
<td>Nutritionist, BJ Enterprises, Scottsdale, AZ</td>
</tr>
<tr>
<td>Suzanne Secor Parker, CHE</td>
<td>Consultant, CACFP, Department of Education, Des Moines, IA</td>
</tr>
<tr>
<td>Paula Peirce, R.D., Ph.D</td>
<td>Director of Field Operations, Wildwood CACFP, Inc., Englewood, CO</td>
</tr>
<tr>
<td>Mali Pistiner</td>
<td>CACFP Specialist, Child Nutrition Programs, Arizona Department of Education, Phoenix, AZ</td>
</tr>
<tr>
<td>Janet Fletcher</td>
<td>Program Assistant, Eastminster Food Program, East Lansing, MI</td>
</tr>
<tr>
<td>Joni Ralph</td>
<td>CACFP Specialist, Child Nutrition Programs, Arizona Department of Education, Phoenix, AZ</td>
</tr>
<tr>
<td>Sandra J. Rhoades, R.D., M.P.H.</td>
<td>Director of Nutrition Education and Training, Child and Adult Care Food Program, Division of Nutrition, Albany, NY</td>
</tr>
<tr>
<td>Lori Rittel, M.S., R.D.</td>
<td>Public Health Nutritionist, CACFP, Health Services Division, Helena, MN</td>
</tr>
</tbody>
</table>
Les Rosenzweig, R.D.
Child and Adult Care Food Program
Division of Nutrition
Albany, NY

SeAnne Safaii, M.S., R.D.
Consultant
Idaho Department of Education
Child Nutrition Programs
Boise, ID

Joanne Static, R.D., M.S.
CACFP
New York State Dept. of Health
Buffalo, NY

Rosemary Suardini
Consultant
Michigan Child and Adult Care Food Program
Michigan Department of Education
Lansing, MI

Deanne Tolzman, M.S., R.D., L.D.
Specialist
Minnesota Department of Education
St. Paul, MN

Kathy Voorhies
FDC Specialist
State Department of Education
Columbus, OH

Luan York, R.D.
Consultant
Idaho Department of Education
Child Nutrition Programs
Boise, ID

Elaine M. Zabor
CACFP Administrator
Ohio Hunger Task Force
Columbus, OH

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