Sources for Nutrition Information

Information on nutrition guidance, making food choices, food labeling, and other food, nutrition, health issues, and educational resources are available from Federal Government Web sites.

For MyPyramid information:
Web site: MyPyramid.gov

Nutrition.gov
Easy access to nutrition and health
Web sites from across the Federal government
Web site: www.nutrition.gov

Food and Nutrition Information Center
USDA/National Agricultural Library
Rm. 304, 10301 Baltimore Blvd.
Beltsville, MD  20705-2351
Tel: 301-504-5719  Fax: 301-504-6409
Educators can email information and publication requests to fnic@nal.usda.gov

Center for Nutrition Policy and Promotion/USDA
3101 Park Center Drive, Room 1034
Alexandria, VA 22302
Web site: www.cnpp.usda.gov

Food and Nutrition Service/USDA Team Nutrition
3101 Park Center Drive, Rm. 632
Alexandria, VA 22302
Web site: teamnutrition.usda.gov

Eat Smart. Play Hard.™
3101 Park Center Drive, Rm. 1020
Alexandria, VA 22302
Web site: www.fns.usda.gov/eatsmartplayhard

Food and Drug Administration
Center for Food Safety and Applied Nutrition
5100 Paint Branch Road,
College Park, MD  20740-3835
For food labeling information:
Web site: www.cfsan.fda.gov