

FDPIR USDA DoD Fresh Fruit and Vegetable List (DRAFT)

All pack sizes on the FDPIR USDA DoD Fresh Fruit and Vegetable List must fit within the guidance provided in the [FNS 501 Handbook, Exhibit O](#). To request an addition to this list, please send us the pack size name and an explanation of why it is needed. Send all requests to the USDA DoD Fresh mailbox at USDADoDFresh@usda.gov by **Tuesday, September 3, 2019**.

Guide Rates: FDPIR households may substitute 1 pound of fresh produce for 1 canned item, up to a total of 20 cans of fruit and 11 cans of vegetables per person. Some produce items are not pre-bagged, but are offered in bulk. The number of loose items equal to 1 can is listed below.

PRODUCT NAME	Produce Guide Rate	Distribution Guidance	ITEM DESCRIPTION	YEAR ROUND/SEASONAL
Mixed Fruit	1 pound	Bag	APPLES & ORANGES MIX 8/5 LB BG	YEAR ROUND
Apples	3 medium	Count	APPLES FR RED US#1 113 CT 40 LB CS	YEAR ROUND
		Bag	APPLES FR RED US #1 12/3 LB 36 LB CS	YEAR ROUND
		Count	APPLES FR GREEN US #1 113 CT 40 LB CS	YEAR ROUND
		Bag	APPLES FR GREEN US #1 12/3 LB 36 LB CS	YEAR ROUND
Asparagus	1 medium bunch	Bunch	ASPARAGUS FR 11/1 LB	SEASONAL
		Bunch	ASPARAGUS FR 28/1 LB EA 28 LB CS	SEASONAL
Avocados	2 medium	Count	AVOCADOS FR 48 CT 24 LB CS	SEASONAL
Broccoli	1 pound	Bunch	BROCCOLI FR US #1 14 CT 20 LB CS	YEAR ROUND
Cabbage	1 medium	Head	CABBAGE FR GRN US#1, 50 LB CS	YEAR ROUND
Carrots	8 medium	Bag	CARROTS 48/1 LB BG	YEAR ROUND
Baby Carrots	1 pound	Bag	CARROTS CHL BABY WHL 30/1 LB BG	YEAR ROUND
Cauliflower	1 medium (2 small)	Head	CAULIFLOWER FR 12 CT 22 LB CS	YEAR ROUND
Celery	1 medium bunch	Bunch	CELERY FR SLEEVED 30-36 CT 45 LB CS	YEAR ROUND
		Bunch	CELERY FR 24-30 CT 40 LB CS	YEAR ROUND
Clementine/Mandarin/Tangerine	1 pound	Bag	CLEMENTINES FR 10/3 LB BG 30 LB CS	SEASONAL
		Bag	CLEMENTINES DR 32CT, 4/5 LB PGS	SEASONAL
		Bag	TANGERINES FR 10/3 LB PG 30 LB CS	SEASONAL
		Bag	MANDARIN US#1 10/3 LB BG 30LB CS	SEASONAL

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Cherries	1 pound	Bag	CHERRIES FR RED 8/2 LB EA 16 LB CS	SEASONAL
		Pound	CHERRIES FR 18 LB CS	SEASONAL
		Bag	CHERRIES FR 12/2 LB BG 24 LB CS	SEASONAL
Corn	3 large ears (5 medium)	Count	CORN FR WHITE/YELLOW 48 CT 50 LB CS	SEASONAL
		Count	CORN ON COB USF/1# 48-54CT 1/35 LB CS	SEASONAL
Cranberries	12 oz.	Bag	CRANBERRIES FR 24/12 OZ PG	SEASONAL
Cucumbers	2 medium	Count	CUCUMBERS FR US#1, 40 LB CS	SEASONAL
		Count	CUCUMBERS FR US#1, 24 CT 17 LB CS	SEASONAL
Grapefruit	2 medium	Count	GRAPEFRUIT FR 32-36 CT 40 LB CS	YEAR ROUND
Seedless Grapes	1 pound	Bag	GRAPES GREEN SDLS 18/1 LB PG 18 LB CS	SEASONAL
		Bag	GRAPES RED SDLS US#1 18/1 LB PG 18 LB CS	SEASONAL
Honey Dew Melon	1 melon (2lbs)	Count	HONEYDEW MELON 6-8 CT 20 LB CS	SEASONAL
Kiwi	6 medium	Count	KIWIFRUIT FR 100-108 CT 20 LB CS	SEASONAL
Lemons	4 medium	Count	LEMONS FR US#1, 140 CT 35 LB CS	YEAR ROUND
Romaine Lettuce	1 bunch	Bunch	LETTUCE FR ROMAINE 24 CT 35 LB CS	YEAR ROUND
Nectarines	3 medium	Count	NECTARINES FR 48-50 CT 19 LB CS	SEASONAL
Onions (Red/Yellow)	4 medium	Bag	ONIONS YEL DRY 48/1 LB BG	YEAR ROUND
		Bag	ONIONS YEL DRY 10/5 LB BG	YEAR ROUND
		Count	ONIONS YEL DRY MED 50 LB CS	YEAR ROUND
		Bag	ONIONS RED DRY 48/1 LB BG	YEAR ROUND
		Bag	ONIONS RED FRESH 16/1 LB BAG 16 LB CS	YEAR ROUND
		Bag	ONIONS, RED, FRESH, 16/3 LB BG, 48 LB CS	YEAR ROUND
Oranges	3 medium	Count	ORANGES FR 113 CT 35 LB CS	YEAR ROUND
		Bag	ORANGE US#1 8/5 LB BG	YEAR ROUND
Peaches	3 medium	Count	PEACHES, FR 48-50 CT 22 LB CS	SEASONAL
Pears	3 medium	Bag	PEARS FR 12/3 LB BG	YEAR ROUND
		Count	PEARS FR ANY US#1 100-150 CT 44 LB CS	YEAR ROUND
Green Peppers	3 medium	Count	PEPPERS GRN FR SWT BELL MED 20 LB CS	SEASONAL

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Plums	6 medium	Count	PLUMS RED/BLACK FR 70-75 CT 20 LB CS	SEASONAL
		Count	PLUMS RED FR BULK 65-75 CT 28 LB CS	SEASONAL
Potato (Russet)	2 medium	Bag	POTATO BAKING RUSSET FR 16/3 LB BG	YEAR ROUND
		Bag	POTATO BAKING RUSSET FR 10/5 LB BG	YEAR ROUND
Potato (Red)	3 medium	Bag	POTATO RED FR 16/3 LB BG	YEAR ROUND
		Bag	POTATO RED FR SZ B 10/5 LB BG	YEAR ROUND
Sweet Potato	2 medium	Count	POTATO SWT FR 40 LB CS	SEASONAL
Radish	1 pound	2 Bags	RADISH RED WHOLE US#1 30/6 OZ BG	YEAR ROUND
		Bag	RADISHES FR 14/1 LB BG	YEAR ROUND
		Bag	RADISHES FR 12/1 LB BG	YEAR ROUND
Mixed Vegetables	1 pound	Bag	SOUP MIX ASST WHL VEG 18/2 LB PG	YEAR ROUND
		Bag	SOUP MIX CHL ASTD WHL VEG 12/2 LB	YEAR ROUND
		Bag	VEG MIX CHL STEW 24/1 LB BG	YEAR ROUND
Brussel Sprouts	1 pound	Bag	SPROUTS BRUSSELS FR 24/1 LB BG 24 LB CS	SEASONAL
		Bag	SPROUTS BRUSSELS FR 6/12 OZ BG	SEASONAL
Winter Squash	1 medium	Count	SQUASH ACORN FR 40 LB CS	SEASONAL
		Count	SQUASH BUTTERNUT FR 40 LB CS	SEASONAL
		Count	SQUASH SPAGHETTI FR 35 LB CS	SEASONAL
Summer Squash	2 medium	Count	SQUASH YELLOW FR 20 LB CS	SEASONAL
		Count	SQUASH ZUCCHINI FR 20 LB CS	SEASONAL
Cherry Tomato	1 pint	Pint	TOMATO CHERRY US#1 12 PT 1/10 LB CS	SEASONAL
Grape Tomato	1 pint	Pint	TOMATO GRAPE US#1 12 PT 1/10 LB CS	SEASONAL
Tomatoes	3 medium	Count	TOMATOS FR 6X6, 25 LB CS	SEASONAL
		Count	TOMATOES FR 5X6, 18 LB CS	SEASONAL
		Count	TOMATO FR 4 CT PG 15/1 LB PG 6X6	SEASONAL

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Turnips	3 medium	Count	RUTABAGA FR 100/2 OZ PG	SEASONAL
		Count	RUTABAGA FR TOP-OFF 25 LB CS	SEASONAL
		Bag	TURNIPS FR 26/1LB BG	SEASONAL
		Bag	TURNIPS FR 16/1 LB PG	SEASONAL
		Count	TURNIPS FR 5 LB BG	SEASONAL