



USDA Foods in Schools

100134 - Beef Crumbles w/SPP, Cooked, Frozen
Category: **Meat/Meat Alternate**



Product Description

- This item is fully cooked ground beef with soy protein product (SPP) that is in approximately 1/4 inch crumbles with a light seasoning profile. This product is delivered frozen in cases with four 10-pound packages.

Crediting/Yield

- One case of beef crumbles provides approximately 557 1.15-ounce portions.
- CN Crediting: Approximately 1.15 ounces of fully cooked beef crumbles credit as 1 ounce equivalent meat/meat alternate. You can use the CN label or product formulation statement to confirm the specific crediting information for the product you receive.

Culinary Tips and Recipes

- Fully cooked beef crumbles can be used in a variety of applications such as chili, sloppy joes, tacos, spaghetti sauce, lasagna, casseroles, pasta dishes, or any recipe that calls for ground beef.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

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Nutrition Facts

Serving size: 1.15 ounces (32g)/1 MMA beef crumbles

Amount Per Serving

Calories 67

Total Fat 4g

Saturated Fat 2g

Trans Fat 0g

Cholesterol 22mg

Sodium 109mg

Total Carbohydrate 2g

Dietary Fiber 1g

Sugars 0g

Protein 6g

Source: USDA Foods Vendor Labels

Allergen Information: Contains soy. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.