



USDA Foods in Schools

100163- Beef Patties, Lean, Frozen Category: **Meat/Meat Alternate**



Product Description

- This item is a beef patty made with lean beef that contains no more than 5% fat. This product is individually quick frozen and delivered in a 40 pound case.

Crediting/Yield

- One case of beef patties provides approximately 206 3.1-ounce portions.
- CN Crediting: One 3.1-ounce uncooked lean beef patty credits as 2 ounce equivalents meat/meat alternate.

Culinary Tips and Recipes

- Beef patties can be cooked and served on a bun with a variety of toppings such as lettuce, tomato, avocado, onions, or mushrooms.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1 patty (88g)

Amount Per Serving

Calories 100

Total Fat 4g

Saturated Fat 2g

Trans Fat 0g

Cholesterol 40mg

Sodium 170mg

Total Carbohydrate 2g

Dietary Fiber 0g

Sugars 0g

Protein 15g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.