



USDA Foods in Schools

100206 - Apple Slices, Unsweetened, Canned Category: **Fruit**



Product Description

- This item is U.S. Grade A canned apple slices packed in water. This product is available in cases containing six #10 cans.

Crediting/Yield

- One case yields about 142 ½ -cup servings of servings of drained apple slices.
- CN Crediting: ½ cup sliced apples credits as ½ cup fruit.

Culinary Tips and Recipes

- Canned apple slices can be baked or stewed with cinnamon and served as a side dish as breakfast or lunch.
- This item can also be used in baked goods, fruit salads or as an ingredient on the salad bar.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA’s Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1/2 cup (120 g) apples, canned, sliced, water packed

Amount Per Serving

Calories 50

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 10mg

Total Carbohydrate 12g

Dietary Fiber 1g

Sugars 9g

Protein 0g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product’s Nutrition Facts label or ingredient list for product-specific information.