



USDA Foods in Schools

100327- Tomato, Paste, No Salt Added, Canned

Category: **Vegetables**

Subgroup: **Red/Orange**



Product Description

- This item is U.S. Grade A canned tomato paste with no salt added. This product can be extra heavy, heavy, medium or light concentration with a fine or coarse texture. This item is available cases containing six #10 cans.

Crediting/Yield

- One case of tomato paste provides about 576 2-Tablespoon servings.
- CN Crediting: 2 Tablespoons of tomato paste credit as ½ cup red/orange vegetable.

Culinary Tips and Recipes

- Tomato paste can be used in sauces, stews, casseroles, pizza, and soups.
- Reconstituted tomato paste can be used as a tomato puree or tomato juice to fulfill specific recipe requirements.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA’s Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 2 Tbsp (35 g) tomato paste, no salt added

Amount Per Serving

Calories 33

Total Fat 0g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 20mg

Total Carbohydrate 6g

Dietary Fiber 1g

Sugars 4g

Protein 1g

Source: USDA Foods Vendor Labels

Allergen Information: Product is not permitted to contain any of the 8 major allergens designated by the FDA. Please refer to allergen statement on the outside of the product package to verify that no allergens are listed.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product’s Nutrition Facts label or ingredient list for product-specific information.