



USDA Foods in Schools

100334 - Tomato Sauce, Low Sodium, Canned

Category: **Vegetables**
Subgroup: **Red/Orange**



Product Description

- This item is U.S. Grade A tomato sauce which may include spices, sweetening ingredients, vinegar, onions, garlic, or other vegetable flavoring. This item is low-sodium and is available in cases containing six #10 cans.

Crediting/Yield

- One case yields about 152 ½-cup servings of tomato sauce.
- CN Crediting: ½ cup tomato sauce credits as ½ cup red/orange vegetable.

Culinary Tips and Recipes

- Tomato sauce can be used as an ingredient in stews, casseroles, pizza, and soups.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA’s Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1/2 cup (123g) tomato sauce, low sodium

Amount Per Serving

Calories 40

Total Fat 0g

Saturated Fat 1g

Trans Fat 0g

Cholesterol 0mg

Sodium 140mg

Total Carbohydrate 10g

Dietary Fiber 0g

Sugars 7g

Protein 2g

Source: USDA Foods Vendor Labels

Allergen Information: Product is not permitted to contain any of the 8 major allergens designated by the FDA. Please refer to allergen statement on the outside of the product package to verify that no allergens are listed.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product’s Nutrition Facts label or ingredient list for product-specific information.