



USDA Foods in Schools

110396 - Cheese, Mozzarella, Part Skim, String
Category: **Meat/Meat Alternate**



Product Description

- This item is low moisture part skim mozzarella string cheese. This product is delivered refrigerated and contains 360 individually wrapped 1-ounce portions.

Crediting/Yield

- One case yields 360 1-ounce portions of cheese.
- CN Crediting: 1 ounce string cheese credits as 1 ounce equivalent meat/meat alternate.

Culinary Tips and Recipes

- Serve string cheese with salad, fruit and a whole grain roll or crackers for a healthy grab and go meal.
- Use string cheese as a Meat/Meat Alternate for breakfast in the classroom or field trip meals.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1 stick (28 g), low moisture part skim, string cheese

Amount Per Serving

Calories 90

Total Fat 7g

Saturated Fat 5g

Trans Fat 0g

Cholesterol 20mg

Sodium 200mg

Total Carbohydrate 0g

Dietary Fiber 0g

Sugars 0g

Protein 7g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.