



USDA Foods in Schools

110844 - Potatoes, Diced, No Salt Added, Frozen

Category: Vegetables

Subgroup: Starchy



Product Description

- This item is U. S. Grade A diced potatoes. The potatoes are blanched and diced in approximately 1/2 x 1/2 inch cubes, with no added salt. This product is delivered frozen in cases containing six 5-pound bags.

Crediting/Yield

- One case yields about 152 1/2-cup servings of cooked, diced potatoes.
- CN Crediting: 1/2 cup cooked, diced potatoes credit as 1/2 cup starchy vegetable.

Culinary Tips and Recipes

- Diced potatoes can be used to make hash browns, roasted potatoes, soups, or entrees.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1/2 cup (105 g) diced potatoes

Amount Per Serving

Calories 86

Total Fat 1g

Saturated Fat 0g

Trans Fat 0g

Cholesterol 0mg

Sodium 23mg

Total Carbohydrate 19g

Dietary Fiber 1g

Sugars 1g

Protein 2g

Source: [USDA FoodData Central](#)

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.