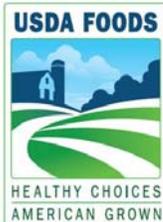


USDA Foods Product Information Sheet

For Child Nutrition Programs



111100— Cereal, Oat Circles, Bowl Packs

Category: **Grains (Whole Grain)**



PRODUCT DESCRIPTION

This item is circle shaped ready-to-eat cereal made from oats. The product is delivered in cases containing 96 1-ounce bowls.

CREDITING/YIELD

- One case yields 96 1-ounce servings of cereal.
- CN Crediting: 1 ounce of ready-to-eat cereal credits as 1 ounce equivalent grains.

CULINARY TIPS AND RECIPES

- Cereal bowls are a great option for breakfast in the classroom or grab-and-go service. Oat circles cereal can also be used as a crunchy grain component for a parfait.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or USDA's [Team Nutrition](#).

FOOD SAFETY INFORMATION

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

NUTRITION FACTS

Serving size: 1 ounce bowl (28g) oat circle cereal

Amount Per Serving

Calories 110

Total Fat 2g

Saturated Fat 1g

Trans Fat 0g

Cholesterol 0mg

Sodium 140mg

Total Carbohydrate 21g

Dietary Fiber 3g

Sugars 1g

Protein 3g

Source: USDA Foods Vendor Labels

Allergen Information: Product may contain gluten. Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer.

Nutrient values in this section are from the USDA Food Composition Database or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.