



USDA Foods in Schools

111110 - Cheese, Cheddar, Yellow, Sliced
Category: **Meat/Meat Alternate**



Product Description

- This item is U.S. Grade A or higher yellow cheddar cheese slices. Each slice weighs 0.75 oz. This product is delivered refrigerated in a 12-pound case.

Crediting/Yield

- One case yields approximately 256 0.75-ounce slices of cheese.
- CN Crediting: A 0.75 ounce slice of cheese credits as 3/4 oz equivalent meat/meat alternate.

Culinary Tips and Recipes

- Cheddar cheese slices can be used on top of sandwiches, burgers, eggs, or other entrees to increase your Meat/Meat Alternate crediting.
- For culinary techniques and recipe ideas, visit the [Institute of Child Nutrition](#) or [USDA's Team Nutrition](#).

Food Safety Information

- For more information on safe storage and cooking temperatures, and safe handling practices, please refer to: [Developing a School Food Safety Program Based on the Process Approach to HACCP Principles](#).

Visit us at www.fns.usda.gov/usda-fis

Nutrition Facts

Serving size: 1 slice (21 g) cheddar cheese

Amount Per Serving

Calories 90

Total Fat 7g

Saturated Fat 4g

Trans Fat 0g

Cholesterol 20mg

Sodium 180mg

Total Carbohydrate 1g

Dietary Fiber 0g

Sugars 0g

Protein 5g

Source: USDA Foods Vendor Labels

Allergen Information: Please refer to allergen statement on the outside of the product package for vendor-specific information. For more information, contact the product manufacturer directly.

Nutrient values in this section are from the USDA FoodData Central or are representative values from USDA Foods vendor labels. Please refer to the product's Nutrition Facts label or ingredient list for product-specific information.