

The logo features a dark purple speech bubble containing the text "The Child and Adult Care Food Program Trainer's Tool" in white. Below this, the words "Serving Milk" are written in a large, blue, outlined font. Underneath "Serving Milk", the word "Bingo" is written in a dark purple font, with each letter enclosed in a white circle with a red outline.

The Child and Adult Care  
Food Program Trainer's Tool

# Serving Milk

## Bingo

## Overview and Instructions

*CACFP Trainer's Tool: Serving Milk* is an interactive Bingo-style game designed to reinforce Child and Adult Care Food Program (CACFP) operators' knowledge of meal pattern requirements related to milk. It can be a fun and exciting way to end your training. Each "player" will receive a Bingo Card with squares containing answers to meal pattern questions. If a player has the correct answer to a question on his or her card, the space is marked and the game continues until a player achieves "Bingo."

## Contents

- Overview and Instructions
- 50 Question and Answer Cards (alternatively you may download PowerPoint slides at: <https://www.fns.usda.gov/resource/serving-milk-bingo>)
- Answer Handout Reproducible Master
- 100 Bingo Cards
- Bingo Card Markers

## Getting Started

- ✓ Make copies of the Answer Handout to give to each player after the game.
- ✓ Give each player a Bingo Card and markers.

## How to Play

- 1 The trainer reads a question from a Question and Answer Card or PowerPoint slide to the players.
- 2 If a player's Bingo Card shows the answer to the question in one of the spaces on his or her card, he or she marks the space using one of the provided markers.
- 3 Once a player has marked five consecutive spaces across, up and down, or diagonally, the player calls out "Bingo" and raises his or her hand. The trainer will then review the answers to the questions asked during the game using the Answer Handout if desired. The trainer will verify that the player got a "Bingo."
- 4 If no player calls "Bingo" after the trainer reads a question, then the trainer continues to ask questions from the Question and Answer Cards or PowerPoint slides.

## Game Variations

- Have groups of players share a Bingo Card and play the game together as a team.
- Use an alternate way of determining a "Bingo," such as when all spaces are marked on the card.

### Additional Resources for Program Operators on Serving Milk in the CACFP

- Team Nutrition Serving Milk in the CACFP Worksheet: <https://www.fns.usda.gov/tn/meal-pattern-training-worksheets-cacfp>
- Team Nutrition Serving Milk in the CACFP Training Presentation: <https://www.fns.usda.gov/tn/meal-pattern-training-slides-cacfp>
- Questions and Answers (QAs) on the final rule Child Nutrition Programs: Flexibilities for Milk, Whole Grains, and Sodium Requirements (SP37 CACFP16-2019): <https://www.fns.usda.gov/cn/questions-and-answers-final-rule-child-nutrition-programs-flexibilities-milk-whole-grains>
- Nutrition Requirements for Fluid Milk and Fluid Milk Substitutions in the Child and Adult Care Food Program, Questions and Answers (CACFP 17-2016): <https://www.fns.usda.gov/cacfp/nutrition-requirements-fluid-milk-and-fluid-milk-substitutions-cacfp-qas>
- Modifications to Accommodate Disabilities in CACFP and SFSP (CACFP14 SFSP10-2017): <https://www.fns.usda.gov/modifications-accommodate-disabilities-cacfp-and-sfsp>



For more information about Serving Milk in the CACFP, visit [TeamNutrition.USDA.Gov](https://www.fns.usda.gov/tn).