

The Child and Adult Care
Food Program Trainer's Tool

Serving Milk

Bingo

| | | | | |
|--------------------|-----------------|---|---------------------|-------------------|
| Not Required | Fluid Milk | Snack | 8 Fluid Ounces | No |
| Disagree | Calcium | Bones and Teeth | Incorrect | 22 |
| Agree | 12 to 13 Months |  | 4 to 6 Fluid Ounces | Wrong |
| Breastfeeding Room | 4 Fluid Ounces | Reconstituted/ Powdered Milk | Creditable | 6 Years and Older |
| Shelf-Stable Milk | 2 Fluid Ounces | Cow's Milk | True | Different |



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| | | | | |
|------------------|-------------------------------|---|------------------------------|----------------|
| Calcium | Cow's Milk | Creditable | Skim Milk and Non-Fat Milk | Not Creditable |
| Agree | Reimbursable | 6 Fluid Ounces | Not Allowed | Pasteurized |
| Not Reimbursable | Children 12 through 23 Months |  | 2 Fluid Ounces | 22 |
| Yogurt | Evaporated Milk | No | Fluid Milk | Potassium |
| Water | False | Required | Breakfast, Lunch, and Supper | Different |



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|----------------|------------------------------|---|-------------------------------|------------------|
| Yogurt | Calcium | Snack | Shelf-Stable Milk | Not Reimbursable |
| Yay | Water | Medical Statement | Children 12 through 23 Months | 4 Fluid Ounces |
| Not Allowed | Breakfast, Lunch, and Supper |  | Required | No |
| Different | Creditable | 0 to 13 Months | 22 | Bones and Teeth |
| Not Creditable | Wrong | True | 1% Milk | Incorrect |



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|------------------|-----------------|---|---------------------|------------------------------|
| Flavored Milk | Calcium | Bones and Teeth | 4 to 6 Fluid Ounces | Creditable |
| Incorrect | No | Potassium | Reimbursable | 22 |
| Water | 12 to 13 Months |  | 6 Years and Older | Breakfast, Lunch, and Supper |
| 2 Fluid Ounces | Fluid Milk | Yay | Snack | Pasteurized |
| Not Reimbursable | Yogurt | 24 to 25 Months | Cow's Milk | Agree |



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|-------------------|--------------|---|-------------------|-------------------------------|
| Flavored Milk | True | Yes | Wrong | 6 Years and Older |
| Reimbursable | Creditable | No | Not Creditable | 24 to 25 Months |
| Medical Statement | Cow's Milk |  | 8 Fluid Ounces | Children 12 through 23 Months |
| 22 | Not Required | Evaporated Milk | 1% Milk | Yay |
| Disagree | Agree | Snack | Shelf-Stable Milk | False |



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|-------------------|---------------------------------|---|----------------|------------------------------|
| 0 to 13 Months | Bones and Teeth | Not Creditable | Disagree | Water |
| Not Reimbursable | Yogurt | 22 | Same | Calcium |
| Wrong | Reconstituted/ Powdered Milk |  | 4 Fluid Ounces | Breakfast, Lunch, and Supper |
| 6 Years and Older | Not Allowed | 24 to 25 Months | Pasteurized | Cow's Milk |
| Different | Evaporated Milk | Shelf-Stable Milk | Incorrect | Not Required |



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|-----------------------|--------------------------|---|-----------------------|--------------------------------------|
| Disagree | 6 Years and Older | Agree | Required | Breakfast, Lunch, and Supper |
| False | Medical Statement | Not Allowed | Wrong | Different |
| Creditable | 8 Fluid Ounces |  | 6 Fluid Ounces | Bones and Teeth |
| Not Creditable | Yay | Potassium | Same | 0 to 13 Months |
| No | Shelf-Stable Milk | Evaporated Milk | Snack | Children 12 through 23 Months |



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| 0 to 13 Months | Yay | Pasteurized | Flavored Milk | Cow's Milk |
| Same | Medical Statement | 8 Fluid Ounces | Bones and Teeth | Skim Milk and Non-Fat Milk |
| Reconstituted/ Powdered Milk | Potassium |  | No | Yogurt |
| 1% Milk | Calcium | Different | Iron-Fortified | Total Fat |
| Breakfast, Lunch, and Supper | Children 12 through 23 Months | 2 Fluid Ounces | Wrong | Reimbursable |



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|----------------|---------------------------------|---|-------------------------------|-----------------|
| Not Creditable | Fluid Milk | Shelf-Stable Milk | 0 to 13 Months | 4 Fluid Ounces |
| Total Fat | No | 8 Fluid Ounces | 22 | 24 to 25 Months |
| Water | Reconstituted/ Powdered Milk |  | Potassium | Creditable |
| Nay | Wrong | Different | Bones and Teeth | Same |
| Required | False | 12 to 13 Months | Children 12 through 23 Months | Yay |



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| | | | | |
|-------------------------------------|--------------------|---|----------------------------------|-------------------|
| Children 12 through 23 Months | Different | Cow's Milk | Skim Milk and Non-Fat Milk | 4 Fluid Ounces |
| Nay | Calcium | Shelf-Stable Milk | Creditable | 6 Fluid Ounces |
| 4 to 6 Fluid Ounces | Yay |  | Not Required | True |
| Iron-Fortified | Bones and Teeth | No | 2 Fluid Ounces | Not Allowed |
| Potassium | Total Fat | Wrong | Reconstituted/ Powdered Milk | Fluid Milk |



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|---------------------------------|---------------------|---|------------------|----------------------------|
| Incorrect | 4 to 6 Fluid Ounces | Medical Statement | Not Reimbursable | Shelf-Stable Milk |
| Potassium | Yay | Not Creditable | Cow's Milk | 2 Fluid Ounces |
| Reconstituted/ Powdered Milk | 6 Fluid Ounces |  | Total Fat | Skim Milk and Non-Fat Milk |
| 1% Milk | Disagree | Evaporated Milk | Same | Water |
| 24 to 25 Months | 12 to 13 Months | Iron-Fortified | Reimbursable | Required |



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|-------------------|------------------------------|---|----------------|-------------------|
| Yogurt | Calcium | Yes | Yay | Potassium |
| Shelf-Stable Milk | Not Required | Not Reimbursable | Fluid Milk | Water |
| False | Disagree |  | 0 to 13 Months | 4 Fluid Ounces |
| Reimbursable | Bones and Teeth | 2 Fluid Ounces | Wrong | 6 Years and Older |
| Same | Breakfast, Lunch, and Supper | Cow's Milk | Agree | 22 |



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| | | | | |
|---|---|---|--|------------------------------|
| 0 to 13 Months | 12 to 13 Months | Reconstituted/ Powdered Milk | Total Fat | Agree |
| Breakfast, Lunch, and Supper | 2 Fluid Ounces | No | Evaporated Milk | Shelf-Stable Milk |
| Different | Skim Milk and Non-Fat Milk |  | Children 12 through 23 Months | Yay |
| Cow's Milk | Fluid Milk | Not Creditable | Same | Nay |
| Iron-Fortified | Bones and Teeth | 4 to 6 Fluid Ounces | 4 Fluid Ounces | Wrong |



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|------------------------------------|----------------------------------|---|-----------------------|----------------------|
| Not Required | 0 to 13 Months | Reconstituted/ Powdered Milk | Evaporated Milk | Disagree |
| Different | True | 22 | Flavored Milk | 6 Years and Older |
| Breakfast, Lunch, and Supper | Creditable |  | Snack | Iron-Fortified |
| Yogurt | Agree | 4 to 6 Fluid Ounces | Breastfeeding Room | 8 Fluid Ounces |
| Total Fat | Skim Milk and Non-Fat Milk | 4 Fluid Ounces | Incorrect | False |



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|-------------------|--------------------|---|-------------------|----------------------------|
| 0 to 13 Months | Breastfeeding Room | Water | Incorrect | 2 Fluid Ounces |
| Medical Statement | Evaporated Milk | Children 12 through 23 Months | Not Allowed | Cow's Milk |
| Yogurt | Flavored Milk |  | 6 Years and Older | Disagree |
| Creditable | Agree | 22 | Shelf-Stable Milk | Skim Milk and Non-Fat Milk |
| Calcium | Same | Reconstituted/Powdered Milk | Not Reimbursable | Total Fat |



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|----------------------------|-------------------------------|---|------------------------------|------------------------------|
| Yogurt | Yay | Creditable | Potassium | Nay |
| Reimbursable | 2 Fluid Ounces | 1% Milk | Required | Same |
| Skim Milk and Non-Fat Milk | Not Reimbursable |  | Medical Statement | Reconstituted/ Powdered Milk |
| Cow's Milk | Children 12 through 23 Months | 4 Fluid Ounces | Breakfast, Lunch, and Supper | 24 to 25 Months |
| 12 to 13 Months | Bones and Teeth | Total Fat | Fluid Milk | Yes |



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|-----------------|-----------------|---|----------------------------|------------------------------|
| 8 Fluid Ounces | Potassium | Disagree | Skim Milk and Non-Fat Milk | True |
| Bones and Teeth | Yes | Not Creditable | False | Reconstituted/ Powdered Milk |
| 1% Milk | Cow's Milk |  | Not Required | Snack |
| Calcium | Evaporated Milk | Children 12 through 23 Months | 22 | Agree |
| No | Same | Reimbursable | Creditable | 6 Fluid Ounces |



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|-----------------|------------------|---|-------------|------------------------------|
| Evaporated Milk | Not Reimbursable | Not Creditable | Nay | 24 to 25 Months |
| 6 Fluid Ounces | Yogurt | Skim Milk and Non-Fat Milk | Not Allowed | Incorrect |
| 4 Fluid Ounces | Yes |  | Yay | Required |
| Flavored Milk | Iron-Fortified | Children 12 through 23 Months | Fluid Milk | Reconstituted/ Powdered Milk |
| Potassium | 2 Fluid Ounces | Agree | Total Fat | Creditable |



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|-------------------------------|----------------|---|-------------------|-----------------|
| Incorrect | Not Required | Water | Shelf-Stable Milk | 22 |
| Skim Milk and Non-Fat Milk | Flavored Milk | Not Reimbursable | False | Cow's Milk |
| Children 12 through 23 Months | True |  | 24 to 25 Months | 12 to 13 Months |
| 4 Fluid Ounces | 6 Fluid Ounces | Pasteurized | Fluid Milk | Calcium |
| 2 Fluid Ounces | Not Creditable | Disagree | Nay | Snack |



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|--------------------|----------------------------------|---|-------------------|------------------------------------|
| Calcium | Fluid Milk | Required | Snack | Breakfast, Lunch, and Supper |
| Bones and Teeth | False | Potassium | 8 Fluid Ounces | 4 Fluid Ounces |
| 24 to 25 Months | Skim Milk and Non-Fat Milk |  | No | Reimbursable |
| 22 | Medical Statement | Iron-Fortified | Creditable | Breastfeeding Room |
| 0 to 13 Months | Disagree | Nay | Water | Total Fat |

