Feeding Infants in the CACFP

Lesson 2: Identifying and Responding to Hunger and Fullness Cues

Pre-Test

1. True or False: Crying is one of the first signs that a baby is hungry.
   
   A. True
   B. False

2. All of these pictures show a baby giving a sign that he or she is hungry, except (circle one):

   - Making sucking noises
   - Opens mouth for bottle
   - Sucks slowly or Stops sucking
   - Rooting

3. All of these pictures show a baby giving a sign that he or she is full, except (circle one):

   - Pushing food away
   - Turns head away
   - Rooting
   - Seals lips together
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