

Feeding Infants in the CACFP

Lesson 2: Identifying and Responding to Hunger and Fullness Cues

Pre-Test

1. True or False: Crying is one of the first signs that a baby is hungry.

- A. True
- B. False

2. All of these pictures show a baby giving a sign that he or she is hungry, except (circle one):



Making sucking noises



Opens mouth for bottle



Sucks slowly or
Stops sucking



Rooting

3. All of these pictures show a baby giving a sign that he or she is full, except (circle one):



Pushing food away



Turns head away



Rooting



Seals lips together

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Post-Test

1. True or False: Crying is one of the first signs that a baby is hungry.

- A. True
- B. False

2. All of these pictures show a baby giving a sign that he or she is hungry, except (circle one):



Making sucking noises



Opens mouth for bottle



Sucks slowly or
Stops sucking



Rooting

3. All of these pictures show a baby giving a sign that he or she is full, except (circle one):



Pushing food away



Turns head away



Rooting



Seals lips together