1. All of the following statements about the benefits of breastfeeding are true, except which one?

   A. Breastmilk helps a baby’s immune system fight infections, like ear infections.
   B. Mothers that breastfeed may have a lower risk of Type 2 diabetes.
   C. Families cannot help with feeding a breastfed baby.
   D. Babies taste different flavors in breastmilk, which may help babies accept new flavors later when they start eating solid foods.

2. A child care provider can support breastfeeding mothers by doing all of the following, except which one?

   A. Let a mother breastfeed in the bathroom.
   B. Share information about the Special Supplemental Nutrition Program for Women, Infants, and Children (WIC).
   C. Display the Breastfed Babies Welcome Here! poster and message graphic at the child care site.
   D. Encourage mothers to continue breastfeeding even when they go back to work or school.
Feeding Infants in the CACFP
Lesson 3: Creating a Breastfeeding-Friendly Environment in a Child Care Site

Post-Test

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