Pre-Test

1. True or False: Bottles of breastmilk can be served cold from the refrigerator and do not have to be warmed.
   A. True
   B. False

2. Fresh breastmilk can be refrigerated at 40 °F (or below) for up to _____ hours.
   A. 24
   B. 36
   C. 48
   D. 72

3. You can safely thaw a container of breastmilk using all of these methods, except which one?
   A. Under warm running water
   B. In a container of warm water
   C. In a microwave
   D. In a refrigerator overnight
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