

Feeding Infants in the CACFP

Lesson 6: Bottle Feeding and Introducing a Cup

Pre-Test

1. True or False: It is okay to prop the bottle up on a pillow or other items for the baby to feed him or herself.
 - A. True
 - B. False

2. A 19-month-old baby enrolls at your child care site and is still drinking from a bottle even though he is developmentally ready to drink from a cup. What are some issues that may come from using a bottle at this age?
 - A. Because it is easier to drink from a bottle than a cup, the child may drink so much milk that he is not hungry for other foods.
 - B. Drinking from a bottle regularly may lead to tooth decay.
 - C. Not drinking from a cup may mean that some important feeding skills may not develop or may be delayed.
 - D. All of the above.



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Post-Test

1. True or False: It is okay to prop the bottle up on a pillow or other items for the baby to feed him or herself.
 - A. True
 - B. False

2. A 19-month-old baby enrolls at your child care site and is still drinking from a bottle even though he is developmentally ready to drink from a cup. What are some issues that may come from using a bottle at this age?
 - A. Because it is easier to drink from a bottle than a cup, the child may drink so much milk that he is not hungry for other foods.
 - B. Drinking from a bottle regularly may lead to tooth decay.
 - C. Not drinking from a cup may mean that some important feeding skills may not develop or may be delayed.
 - D. All of the above.

