Feeding Infants in the CACFP
Lesson 7: Developmental Readiness for Solid Foods
Pre-Test

1. True or False: Babies are always ready for solid foods at exactly 6 months of age.
   A. True
   B. False

2. Which statement best describes why a baby should **not** be fed solid foods before he or she is developmentally ready?
   A. A baby may choke on the food.
   B. A baby may drink less breastmilk or infant formula than needed in order to grow.
   C. A baby may be overweight or obese later in life.
   D. All of the above.
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