Feeding Infants in the CACFP
Lesson 9: Creditable Infant Foods: Part 1

Pre-Test

1. Yes or No: A parent asks you to start serving solid foods to her 5-month old baby at your child care site, but you know the infant meal pattern age groups are 0 through 5 months and 6 through 11 months. If you serve the baby solid foods at 5 months, can you still claim reimbursement for the baby’s meals and snacks?

   A. Yes
   B. No

2. Yes or No: You notice that a baby in your care is developmentally ready for solid foods, and the parents agree. The parents tell you that they have fed their baby eggs at home, so you offer the baby whole eggs (yolk and egg white), finely chopped at child care. The baby takes one bite at lunch. Can you claim the eggs as part of a reimbursable lunch?

   A. Yes
   B. No

3. Which foods are creditable in the infant meal pattern and can be offered to infants around 6 through 11 months? Choose all that apply.

   A. Peach cobbler baby food dessert
   B. Pureed carrots
   C. Finely chopped baked chicken
   D. Granola bar
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