CHILDREN’S DIET QUALITY

61.4 was the average diet quality score at 3 years old, compared to 60.5 at 2 years old.

CHILDREN’S WEIGHT

2 in 3 children who received WIC have a healthy weight status at age 3 years.

WIC EDUCATIONAL IMPACT

68% of mothers report they improved the way they feed their families as a result of WIC nutrition education.

MEALTIME ENVIRONMENT

64% of mothers report the family has meals together five or more days per week.

WORK AND SCHOOL

55% of mothers with 30-month-old children have work and/or school commitments.

1Diet quality is measured using the Healthy Eating Index-2015. Score is out of a possible 100 points. At age 3, the age-matched national population scored 59.9.