

SCHOOL DISTRICT OF MARSHFIELD POLICY in Wisconsin

SCHOOL NUTRITION

This policy supports the mission of the School District of Marshfield: Providing the environment that cultivates maximum student potential. Nutrition influences a child's development, health, well being and potential for learning. To afford students the opportunity to fully participate in the educational process, students must attend school with minds and bodies ready to take advantage of their learning environment. This district-wide nutrition policy encourages all members of the school community to create an environment that supports lifelong healthy eating habits. Decisions made in all school programming need to reflect and encourage positive nutrition messages and healthy food choices.

The policy of the School District of Marshfield is to:

1. Provide a positive environment and appropriate knowledge regarding food

- ✍ Ensure that all students have access to healthy food choices during school and at school functions.
- ✍ Provide a pleasant eating environment for students and staff.
- ✍ Allow a minimum of 20 minutes for students to eat lunch and socialize in the designated cafeteria area.
- ✍ Enable all students, through a comprehensive curriculum, to acquire the knowledge and skills necessary to make healthy food choices for a lifetime.

2. When using food as a part of class or student incentive programs, staff and students are encouraged to utilize healthy, nutritious food choices.

3. When curricular-based food experiences are planned, staff and students are encouraged to seek out good nutrition choices whenever appropriate.

4. Reduce student access to foods of minimal nutritional value

- ✍ In keeping with contractual obligations to the National School Lunch/Breakfast programs, ensure the integrity of the school lunch program by prohibiting food and beverage sales that are in direct conflict with the lunch/breakfast programs.
- ✍ Encourage the practice of good nutrition by reducing the sale or distribution of foods of minimal nutritional value through a four-year plan that focuses on:
 - Reducing access to non-nutritional foods
 - Educating students about healthy foods
 - Selective pricing that favors sales of healthy foods.